

INSPIRING to TINKER

Sharing inspirational real-life experiences.

The purpose of sharing real-life experiences with the ATL students is to motivate and inspire them. Any experience from your life which highlights situations where you were facing adversity and ploughed on to achieve your targets will be good to share with your students.

Some motivational concepts to be highlited through such experiences are:

*	Believe in yourself	You must expect great things of yourself before you can do them Michael Jordan
*	Hard work	If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved. - A.P.J. Abdul Kalam
*	Persevere, even in adversity	It's not that I'm so smart, it's just that I stay with problems longer. — Albert Einstein
*	Overcome procrastination & not make excuses	My advice is to never do tomorrow what you can do today. Procrastination is the thief of time. — Charles Dickens
*	Cultivating a growth mindset and a can-do attitude	The greatest discovery of all time is that a person can change their future by merely changing their attitude Oprah Winfrey

Mentors are encouraged to:

- Talk about your life experiences, your mentors, how they helped you.
- Draw out and encourage your audience to communicate their best experiences and stories.
- Listen and share, connect with the audience.
- Use your knowledge, learnings and discretion and analyse what is best for the audience.
- Make the audience aware and engage them with their physical surroundings and identify positive things around them.



References:

The following is a non-exhaustive and suggestive list of resources on the concept of motivation:

Resource Description		
Methodologies for Motivating Student Learning Through Personal connections	<u>Link</u>	
Utilise personal experience	<u>Link</u>	
Building Rapport with Students by Sharing a Piece of Yourself	<u>Link</u>	
Teaching Methods for Inspiring the Students of the Future Joe Ruhl TEDxLafayette		

Note:

- 1. Mentors are recommended to build their content and not plagiarize and then deliver to their audience in the ATLs.
- 2. Mentors are encouraged to explore resources and share critical observations within communities and with AIM.
- 3. Please note that these are third party links and AIM or NITI Aayog does not endorse any person(s) or organization(s) mentioned on or related to these links.
- 4. The opinions and views expressed by the mentors during their interaction are of their own and do not necessarily reflect the views of AIM or NITI Aayog.
- 5. Mentors are aware that the engagement with the ATLs is treated as a community service and there shall be no financial transactions between any stakeholder and mentor for any official ATL related activity.